



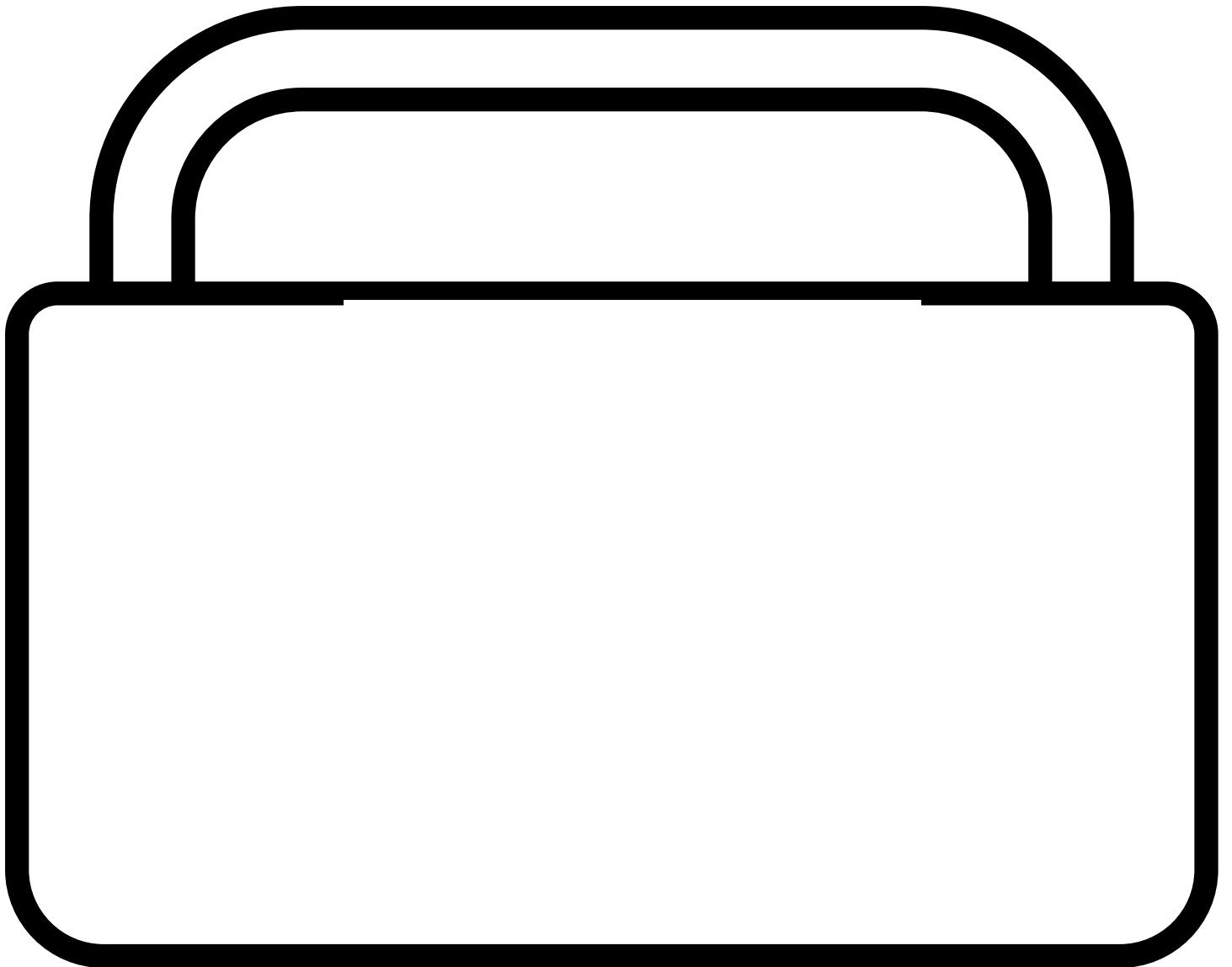
LET'S BUILD YOUR PERFECT LUNCHBOX!

1. Colour in your favourite foods on the next page. 
2. Cut them out carefully  (ask an adult for help if you need it!).
3. Glue or stick them into the lunchbox below.
4. Try to choose something crunchy, something colourful, and something you really love!
5. Can you make your lunchbox a food rainbow?

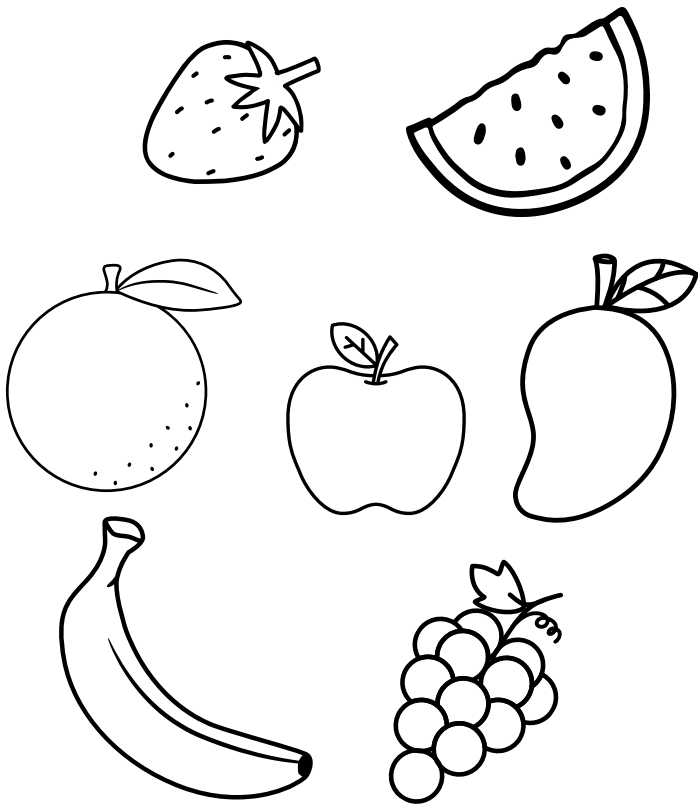
MY LUNCHBOX

Name:_____

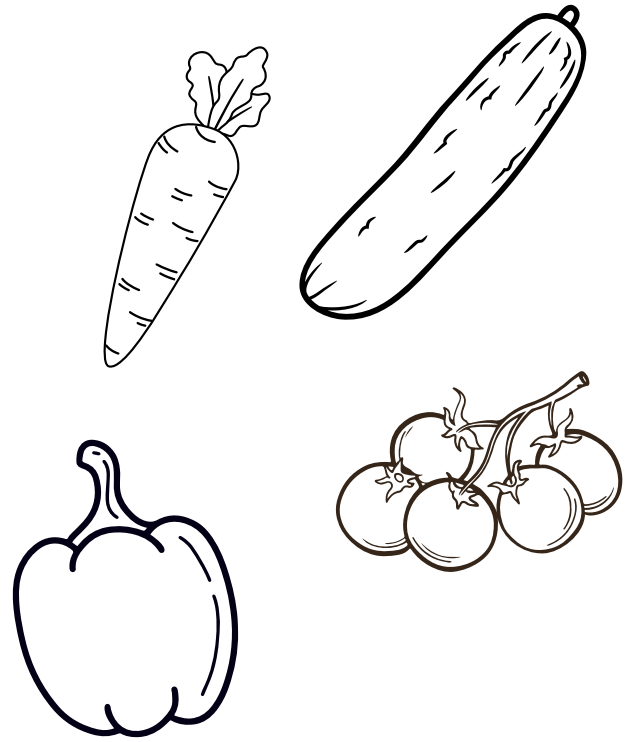
Colour and cut out the food you
would pack in your lunchbox!



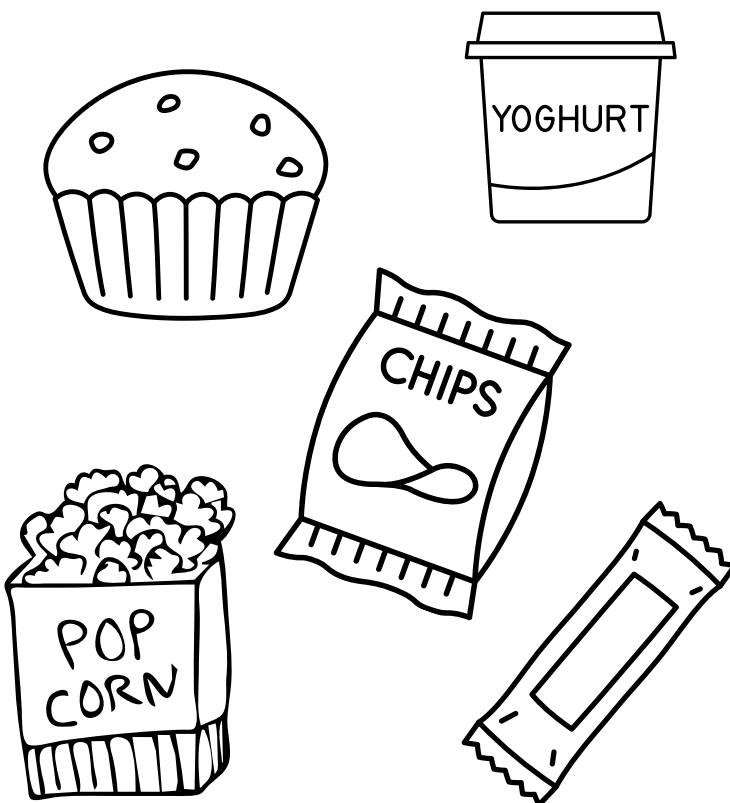
FRUIT



VEGGIE



SNACK



MAiN

