

# IN MY OWN KITCHEN

## KITCHEN SAFETY AND HYGIENE

**KEEP IT  
CLEAN**



**KNIFE  
SAFETY**



**AVOID  
DISTRACTIONS**



**PROPER  
ATTIRE**



**HANDLE  
HOT ITEMS  
WITH CARE**



**KNOW YOUR  
EQUIPMENT**



**FIRE  
SAFETY**





**STORE FOOD  
SAFELY**



# IN MY OWN KITCHEN

## KITCHEN SAFETY AND HYGIENE

- CHILD SAFETY** 
- CAUTIOUS WITH OILS** 
- KNOW FIRST AID** 

PROPER  

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ATTIRE

STORE FOOD  
SAFELY