



NDIS GROUP

Cooking Classes

Toombul Shire Hall



6 week course - Tuesdays from April 9



9.30am - 11.30am



1141 Sandgate Road, Toombul, QLD, 4012



with Chef
Luisa Scrimshaw

- ✓ Confidence Boost: Gain confidence in your ability to prepare delicious meals
- ✓ Fun and Enjoyment: Turn cooking into an enjoyable and fun activity
- ✓ Skill Development: Enhance your culinary skills and techniques
- ✓ Healthier Choices: Learn to make nutritious and balanced meals
- ✓ Social Interaction: Connect with others who share a passion for cooking
- ✓ Stress Relief: Cooking can be therapeutic and a great stress reliever

PER LESSON

\$124*

*ingredients are included. The full 6 week commitment is required to build skills and recipe confidence

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