



create it. plate it. enjoy it.

Stand up plated meals/Noodle Boxes - \$15 each

Mix and Match Protein with side

Chicken:

Italian herb and lemon
Asian style chilli and lime
Traditional roast
Garlic and rosemary grilled

Beef:

Roast fillet
Honey soy marinated
Italian herb marinated

Lamb:

Rosemary and garlic
Roast fillet

Accompaniments

Greek (tomato, cucumber, fetta, olives)
Caesar (cos lettuce, bacon, croutons)
Garden (mixed lettuce, tomato, cucumber, carrot, sprouts)
Vietnamese style vermicelli (noodles, cucumber, carrot, herbs)
Kale, broccoli and almond
Roast vegetable, spinach and fetta
Spicy coleslaw (Asian style dressing)
Traditional coleslaw (Mayonnaise based dressing)
Bombay style potato salad (curried mayonnaise dressing)
Traditional potato salad
Waldorf (lettuce, walnuts, apple, celery)
Silverbeet pesto, fetta, pinenuts, orecchiette pasta
Semi dried tomato pesto, olives, baked ricotta, farfalle pasta
Quinoa tabbouleh (Quinoa, cherry tomatoes, mint, parsley)
Quinoa and sweet potato superfood salad (quinoa, sweet potato, herbs, broccoli, almonds, seeds)