



WELCOME TO IN MY OWN KITCHEN JUNIOR

Where culinary adventures for kids begin!

Bring food education to life with fun, hands-on cooking workshops designed for primary-aged children.

Created by a professional chef and educator, our workshops are inclusive, engaging, and perfect for schools and OSHC programs.



COOKING EXPERIENCES TO SUIT YOUR NEEDS

- One-off Incursions – A standalone, exciting activity perfect for special days or curriculum links.
- Mini-Series – Weekly or fortnightly sessions, ideal for enrichment or after-school programs.
- Holiday Sessions – Fun, interactive cooking experiences for vacation care or end-of-term activities.

Session Details:

- Duration: 60–90 minutes
- Group size: 20–40 children (flexible depending on age and setup)

A TASTE OF WHAT WE DO

Our Cooking Experiences

We tailor workshops to your group's age, dietary needs, and learning goals:

- Around the World: Create simple dishes inspired by global cuisines.
- Bake & Create: Fun with no-bake or minimal-cook snacks.
- Garden to Plate: Explore fresh produce and make wholesome bites.
- DIY Food Stations: Kids customise their own creations.
- Sensory Food Play: Perfect for younger children or sensory-sensitive groups.

Custom themes available on request.





WHY KIDS LOVE IT

- Builds food confidence and practical kitchen skills.
- Supports fine motor development and following instructions.
- Encourages teamwork, communication, and problem-solving.
- Connects with HPE, Science, and Cultural Studies.
- Inclusive for neurodivergent children and allergy-aware groups.
- Easy setup – we bring everything to you!



WHY EDUCATORS CHOOSE US

- Easy booking with custom quotes.
- All equipment and ingredients included.
- Public liability insured and food safety certified.
- Blue Card registered.
- Based on Brisbane Northside, travel available.
- Options suitable for grant-funded programs.



READY TO BOOK?

- EASY BOOKING WITH CUSTOM QUOTES AVAILABLE
- ALL EQUIPMENT AND INGREDIENTS INCLUDED
- PUBLIC LIABILITY INSURED AND FOOD SAFETY CERTIFIED
- BLUE CARD REGISTERED
- BASED ON BRISBANE NORTHSIDE, TRAVEL AVAILABLE
- OPTIONS AVAILABLE FOR GRANT-FUNDED PROGRAMS

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